

LIVERPOOL AWAKENING

5-day Prayer & Fasting Manual

28th Oct – 1st November 2019

Joel 1:14 Consecrate a fast, Call a sacred assembly;
Gather the elders And all the inhabitants of the land
Into the house of the Lord your God, And cry out to the Lord.

Throughout both the Old and New Testaments the combination of fasting and prayer brought God's people deliverance, breakthrough, revelation, guidance, wisdom and the restoration of God's blessing upon every aspect of their lives.

A quick practical guide...

A Biblical fast means to reduce or eliminate the use of food for a specific period of time, and for a purpose.

Period of our Fast – 5 day fast from October 28th to November 1st

Purpose - We are fasting and praying for God to bring spiritual transformation to all the spheres of influence in our city. Out of that spiritual transformation will flow the transformation of our city.

Types of fast -

The types of fast you can undertake fall into the following categories:

- Full fast – abstain from all food
- Partial Fast – abstain from specific meals each day
- Daniel Fast – eat only fruits, nuts and vegetables, and drink only water

Note: Do not fast if fasting would put your health at risk due to a medical condition. If in doubt, seek medical advice before undertaking a fast.

Do NOT fast from water.

There are other fasts that you can undertake, such as from television, internet, social media etc, but while those can be a good discipline and effective, a biblical fast is from food, so we encourage you to adopt one of these fasts for the five days.

Then on Friday 1st November from 7:30 pm we will all come together in a revival meeting, called Liverpool Awakening, at Freedom City Church - to pray, intercede, prophesy and celebrate God's purposes, plans and destiny for our city of Liverpool.

Venue –
Freedom City Church
8/33 Heathcote Road,
Moorebank. NSW 2170

Contact – 02 9821 3377

Day One - Monday 28th October - Personal Consecration

Movements and transformation begin, are maintained and strengthened because we fast and pray, consecrating our time and our bodies to the Lord.

As we begin our five days of prayer and fasting, let's consecrate ourselves by spending time with God, fasting from our normal meals, foods and routines, and receive His life and light!

Day Two - Tuesday 29th October - Family and Friends

On day two of our five days of prayer and fasting, we begin to widen our focus to pray and intercede for our family and friends.

Each one of us has an immediate sphere of influence, and God has positioned each one of us so that we might pray and intercede for our family, extended family and friends, and put on display the values, character and supernatural power of the Kingdom of Heaven to those who don't know Him.

Day Three - Wednesday 30th October - Our Churches

The Church is the expression of God's love across the face of the earth. Our call is to dwell together in unity, to reach out to those who do not know Jesus in love, and to pray His Kingdom Come, so that the knowledge of the glory of the Lord would cover the earth as the waters cover the sea (Habbakuk 2:14).

Day Four - Thursday 31st October - Our Community

Our communities desperately need an authentic encounter with God. Beyond better civic governance, beyond better policing, beyond better schools and jobs, our communities need the transforming power of the Gospel on authentic display. When we fast and pray and focus on our communities, the power of God is drawn towards those we are praying for. We are actually preparing the ground for the reaping of the harvest.

Day Five - Friday 1st November - Our City's Transformation

Our city's transformation can only come as God responds to our prevailing prayer. When James tells us that "the fervent effective prayer of a righteous man avails much", he's talking about us - the Ekklesia of God, made righteous by the blood of Jesus. God has done His part in making us righteous, now He asks of us that we lift up effective, fervent prayer.

Let's do this and see the Kingdom come to Liverpool!



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